

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 MEATLOAF MASHED POTATOES AND GRAVY ROASTED BABY CARROTS	2 GENERAL TSO CHICKEN, FRIED RICE, LO MEIN NOODLES, EGG ROLLS, CINNAMON ROLLS / BREAKFAST
5 STUFFED PORK CHOP, PIEROGIES, ZUCCHINI AND SQUASH, CRISPY MILANESE SANDWICH	6 TACO DAY TACO SALAD, BLACK BEANS, ROASTED CORN, CHICKEN WRAPS	7 STEAK AND POTATO ASPARAGUS	8 CHICKEN MARSALA, RANCH ROASTED RED POTATO, CARROTS, FRUIT AND YOGURT BAR	9 PHILLY CHEESESTEAKS, MAC AND CHEESE, VEGETABLES
12 BRUSCHETTA CHICKEN, PASTA OLEO, ZUCCHINI AND SQUASH	13 CAJUN CREOLE BOWL, SHRIMP, CHICKEN, SAUSAGE, CAJUN RICE, RED BEANS, PEPPERS AND ONION, BURGER BAR	14 BBQ PULLED PORK, PARMESEAN ROASTED RED POTATOES, COLESLAW, BAKED BEANS	15 ROAST BEEF, CARAMELIZED ONION MASHED POTATOES, GREEN BEANS, HUMMUS BAR	16 STEAK FAJITA BOWL, RICE, BLACK BEANS, ROASTED CORN
19 CHICKEN PARMESEAN, PASTA MARINARA, BROCCOLI, NATIONAL PASTA DAY	20 SALISBURY STEAK, MASHED POTATO, PEAS AND CARROTS, DELI BAR	21 CORNBREAD CHICKEN, MACARONI AND CHEESE, BROCCOLI	22 STUFFED GREEN PEPPERS, HERB ROASTED RED POTATOES, ZUCCHINI AND SQUASH, FRUIT AND YOGURT BAR	23 BEEF AND CHEESE RAVIOLI, ITALIAN SAUSAGE
26 STUFFED CHICKEN BREAST, PASTA OLEO, PEAS AND CARROTS, MUSHROOM SWISS BURGER	27 PEPPER STEAK, STEAMED RICE, BROCCOLI, CHICKEN WRAPS	28 BAKED HAM, MACARONI AND CHEESE, ZUCCHINI AND SQUASH, STRAWBERRY SPINACH SALAD STATION	29 BRATWURST AND SAUERKRAUT, PIEROGIES, SOUTHERN STYLE GREEN BEANS, REUBEN SANDWICH	30 BONELESS WINGS, POTATO WEDGES, VEGETABLES